

Omegas 3-6-9 60 capsules

Code: 159

Omegas 3-6-9 is a combination of omega fatty acids from perilla oil. Research supports the use of perilla oil to improve the fatty acid balance in the body.

Omegas 3-6-9 supports:

- Immune function
- Cardiovascular health
- Cognitive function
- Respiratory health



PRODUCT INFORMATION

Omegas 3-6-9 delivers a potent dose of essential fatty acids, or EFA's, including omega 3, omega 6, and omega 9 in an innovative way that helps optimize absorption by the body. This multi-EFA formula is enclosed in a softgel with a patent-pending, enteric coating.

Gram for gram, omegas 3-6-9 contains more omega 3 (alpha-linolenic acid), than flaxseed oil and is also a rich source of omega 6 (linoleic acid) and omega 9 (oleic acid).

The Omegas 3-6-9 formulation contains perilla oil, which has a long history of use in Asian medicine and cuisine. Discovered recently by Western nutritionists, perilla oil is a rich source of Omega 3, 6, and 9 fatty acids, phytochemicals and amino acids.

SUPPLEMENT FACTS

Serving Size: 1 capsule

Servings per container: 60

Amount per serving

Calories 0	Calories from Fat 0	% DV
Total Fat	0 g	0
Saturated Fat	0 g	0
Trans Fat	0 g	0
Cholesterol	0 g	0
Sodium	0 g	0
Total Carbohydrates	0 g	0
Sugar	0 g	
Fiber	0 g	
Protein	0 g	
Perilla oil	500 mg	*
Omega 3 (alpha-linolenic acid)	270 mg	*
Omega 6 (linoleic acid)	70 mg	*
Omega 9 (oleic acid)	65 mg	*

Other ingredients: glycerol, purified water, sorbitolxylose, vegetable capsules.

*Daily Value not established.

Directions for use

Take 2 capsules daily as a dietary supplement or as needed.

Protect from heat, light, and moisture. Store at room temperature. For adult use only. Always consult your healthcare professional before taking any dietary supplement.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, prevent, treat, or cure any disease.

