

CARDIO COCKTAIL™ OPPORTUNITY

48 Hour Success Plan

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Immediate action produces immediate results. Getting off to a fast start is critical to your success. Following this simple plan puts you in position to generate quick results. Teaching your new people to follow this plan creates predictable success for your entire team.

1. Set up Autoship

Autoship is a great way to manage your business. You save money on every online order you place and it guarantees you are qualified to receive your bonus checks. Make sure that you order at least 100BV on your Autoship order.

2. Set up your ForMor online back office account

Check volume, manage your account and promote your business through e-commerce with a ForMor online back office account. Simply log in to ForMor.com and follow the instructions or contact your sponsor for assistance.

3. Order materials

Log on to ForMor.com or call 888-270-4793 and place and order for marketing material.

Code: 642 Impact Kit 10 Cardio Cocktail Advantage booklets, 5 Cardio Cocktail Advantage audio CDs, 10 Opportunity brochures, 10 NEW Cardio Cocktail brochures, 5 Bring It Home DVDs.

3rd party marketing material is available at www.drinkarginine.com and www.formormillions.com for million dollar bills.

Your sponsor will guide you in picking the basic marketing materials you need in order to get off to a fast start.

4. Write a list of 100 people

These are people with whom you already have a relationship. This is an important group because these contacts form the foundation of your business and research has shown that you will find your strongest leaders within your current circle of influence. The memory jogger will help you remember more people.

5. Meet your upline mentors

Support is a key ingredient to your overall success. There are people who are dedicated to helping you succeed in your new business. Once you have completed the 4 items above, call you sponsor immediately and ask them to introduce you to your Upline Success Team.

Today's action determines tomorrow's success.